



**WOMEN'S
CENTRE
OF CALGARY**

Community Resource Centres

Call 211 for Additional Information

<p><u>Northeast Family Connections</u> 95 Falshire Drive, T3J 1P7 403-293-0424 www.nefcs.ca</p> <p><u>Communities:</u> Castleridge, City Scape, Coral Springs, Falconridge, Martindale, Monterey Park, Pineridge, Red Stone, Rundle, Saddle Ridge, Savannah, Skyview Ranch, Taradale, Temple and Whitehorn</p> <ul style="list-style-type: none"> • Provides FREE programs and services for families in these communities • Employee advocacy • Settlement services • Motherhood matters • Aboriginal Family Violence Prevention 	<p><u>Women in Needs Society (WINS)</u> Bridgeland: (403) 290-0210 Erin Woods: (403) 235-4567 Temple: (403) 590-5752 Dover: (403) 255-510</p> <ul style="list-style-type: none"> • Free Goods Referral Program helps clients with basic need items such as furniture, clothing, household items • English as a Second Language program • Parenting Programs • Basic Need Referrals, Employment Supports, • Linkage to Community Agencies and Resources
<p><u>Families Matter</u> Horizon Family Learning & Play Centre, (Calgary Northeast Resource Network) 3404 25th Street NE 403-205-5178 Intake: 403-205-5194</p> <p>Midnapore Family Centre, (Calgary Southeast Resource Network), #101 239 Midpark Way S.E. 403-288-1446 Intake: 403-205-5180</p> <ul style="list-style-type: none"> • Post-partum groups • Baby and toddler play groups • Parenting classes + dad programs 	<p><u>Trellis Family Resource Network Hub</u> 2609 15 St NE, Calgary, AB T2E 8Y4 403-219-3477 www.growwithtrellis.ca</p> <p><u>Communities:</u> Eagle Ridge, Kelvin Grove, Kingsland, Fairview, Fairview Industrial, Chinook Park, Bayview, Oakridge, Palliser, Pump Hill, Haysboro, Acadia, Cedarbrae, Braeside, Southwood, Willow Park, Diamond Cove, Woodbine, Woodlands, Canyon Meadows, Lake Bonavista, Bonavista Downs, Queensland, Deer Ridge, Deer Run, Parkland, Shawne Slopes, Evergreen, Millrise, Shawnessy, Bridlewood, Somerset, Silverado, Pine Creek, Belmont, Yorkville</p> <p><u>NOTE:</u> Check website for hubs for different locations</p> <ul style="list-style-type: none"> • Individualized supports for parents/caregivers • Triple P - Positive Parenting Program classes • Indigenous parenting programs • Psycho-educational workshops

	<ul style="list-style-type: none"> • Ages and Stages assessments • Play-based learning for children • Information and referrals • Opportunities for social connection
<p><u>Huntington Hills Community Association</u> 520 - 78 Ave N.W. 403- 275-6666 Reception@huntingtonhillscalgary.com</p> <p><u>Communities:</u> Beddington Heights, Highland Park, Highwood, Huntington Hills, MacEwan, Mount Pleasant, North Haven, Sandstone, Thorncliffe / Greenview, Tuxedo and the Northern Hills communities that make up North Central Calgary.</p> <ul style="list-style-type: none"> • Family support programs • Parent education programs (Resources, lone parent program) 	<p><u>North Central Family Resource Network</u> 176 Bedford Dr NE Unit 3 (403) 543-0555 *By appointment only</p> <p><u>For:</u> Beddington Heights, Highland Park, Highwood, Huntington Hills, MacEwan, Mount Pleasant, North Haven, Sandstone, Thorncliffe / Greenview, Tuxedo and the Northern Hills communities that make up North Central Calgary</p> <ul style="list-style-type: none"> • Families and lone parent workshops and programs • Information and support
<p><u>Bow West Bowness Community Centre</u> 7904 43 Ave NW T3B 49P (in the Bowness Sportsplex) 403-204-8280 403-216-5348 to book an appointment Info@risecalgary.ca</p> <p><u>Communities:</u> Bowness, Greenwood, Greenbriar, Montgomery and surrounding area</p> <ul style="list-style-type: none"> • Referrals, resources • Assistance with forms and accessing government programs • Application for Low Income transit pass • Social worker assistance and advocacy letters • Transit tickets for basic needs • Must bring 2 pieces of government ID • Bus pass for people starting a new job 	<p><u>Rice Calgary Ranchlands Community Centre</u> 1840 Ranchlands Way NW #14 403-204-8280 Info@risecalgary.ca</p> <p><u>Communities:</u> Arbour Lake, Banff Trail, Brentwood, Capitol Hill, Charleswood, Citadel, Collingwood, Dalhousie, Edgemont, Hamptons Hawkwood, Lynx Ridge, Nolan Hill, Ranchlands, Rocky Ridge, Royal Oak, Royal Vista, Scenic Acres, Sherwood, Silver Springs, Tuscany, University Heights, Valley Ridge, Varsity</p> <ul style="list-style-type: none"> • Referrals, resources • Application for Low Income transit pass • Social worker assistance and advocacy letters • Transit tickets for basic needs • Must bring 2 pieces of government ID • Bus pass for people starting a new job

<p><u>South West Community Resource Centre</u> #42 2580 Southland Drive SW 403-238-9222</p> <p>For: Bayview, Bel Aire, Braeside, Canyon Meadows, Cedrebrae, Chinook Park, Eagle ridge, Haysboro, Kelvin Grove, Kingsland, Mayfair, Meadowbrook Park, Oakridge, Palliser, Pump hill, Southland, Windsor park, Woodbine and Woodlands</p> <ul style="list-style-type: none"> • Provides services to families with children under 18 living with them – program based • Parenting • Youth • Counselling 	<p><u>South East Community Resource Centre</u> 2734-76th Avenue SE 403-720-3322 contactus@secalgarycrc.ca</p> <p>For: families and individuals</p> <ul style="list-style-type: none"> • Basic needs • Food hampers • Clothing room • Referrals • Career counselling • Computers • Taxes March 15th to April 30th
<p><u>Jewish Family Services</u> #420 5920 - 1A Street SW 403-287-3510</p> <p>Provides services to all individuals and families of all faiths and cultures</p> <ul style="list-style-type: none"> • Resources and referrals • Basic needs assistance <p>Older adults outreach services</p>	<p><u>Rise Calgary Forest Lawn</u> 3303 17 Ave SE 403-204-8280 https://www.risecalgary.ca/</p> <p>For: Abbydale, Albert park/Radisson heights, Applewood, Belfast, Dover, Marlborough, Marlborough Park, Forest lawn, Hubalta, Mayland heights/vista heights, Southview and Red Carpet</p> <p>Provides services to families including:</p> <ul style="list-style-type: none"> • Basic needs • Food hampers • Workshops • Computers • Resources • Peer support and referrals • Children’s programs

West Central Resource Centre

3507A 17 Avenue SW

403-543-0555

Westcentralcrc@closetohome.com

Communities: Aspen Ridge, Christie Park, Coach Hill, Cougar Ridge, Patterson, Killarney, Rosscarrock, Strathcona Park, Richmond Hill, Wildwood, Discovery Ridge, West Springs, Glendale

- Aboriginal family programs, youth programs
- In-home family support
- Workshops
- Parenting groups, women groups
- Support for new Canadians
- Computer
- Resources
- Food Hampers

North Central Family Resource Network

3-176 Bedford Dr. NE, T3K 2M9

(403) 543-0555

familyresourcenetwork@closetohome.com

- Women's group
- Parenting programs
- Family crisis support
- In-home support
- Counselling